

# Årsberetning 2022



**NESODDEN IF**  
**BOBCATS**

<https://www.facebook.com/groups/nesoddenidrettsforeningbasket>

<https://www.facebook.com/nesoddenbasket>

<https://www.bobcats.no/>

## Innledning

2022 was the year of the great restart!

The club had agreed on an ambitious budget, which we knew would result in a far greater expenditure than income for 2022.

This budget aimed to invest money into coaches and activities coming out of COVID, to activate all our members again and try to put the pandemic behind us as soon as possible.

For the second half of season '21/'22 the Corona pandemic still had a major influence. The December-wave caused many games to be postponed, which then had to be rescheduled and caused some logistical issues for some teams, games had to be played into April, which then caused NBBF all sorts of scheduling issues with after season activities.

Summary;

- Season '21/'22 was concluded for most teams.
  - o J14, G15, J16, G19 won their competitions and made it to the regionmesterskap semi-finals.
  
- No training time was lost due to COVID!
- The first Schnekenburger cup was held in March 2022
- In May NIF Bobcats became a certified "rent idrettslag"
- Late May, National team player and "Nesodding" Sjur Dyb Berg held a training night, which was accessible for all our members.
- In June, 7 teams participated at the Pirates Cup in Kristiansand.
- In June we had our "SFO Basketgøy avslutning" where all participants received their own basketball, and waved out Ståle de Lange Kofoed who organised this for us for many years.
- Kiwi flaskebekk 3 on 3 tournament did not happen, due to a lack of capacity to organise this event.
- In July the club organised a collective trip to the national team game Norway – Denmark.
- Our Basketskole took place early August. Adam Ryan and Didrik Kofoed were our head coaches, for a week filled with basketball fun, we had over 70 participants.
- In August also Lead4Peace could finally take place again. Planning for the trip started in March, 51 youths from Nesodden, North Cyprus and South Cyprus, met to learn about leadership, teamwork, communication, tolerance and respect.
- In September Nesodden Kommune installed the first basket for «basket schools project» for which 280 000 NOK was received in 2020.
- In September we onboarded our new head coach; Hannah Reynolds
- 27 September was when we held our Kickoff
- 4 – 8 October we held our first Høstferie Basketskole.
- 14 October was the first game weekend for season '22/'23
  - o A record of 13 serie teams!

- Late October our Lead4Peace – Coach Development Programme exchange took place. 7 youth coaches travelled for an exchange to Spain to meet with Basketball club CB L’Horta Godella.
- In November, Ask Lindegård took over the scheduling of sekretariat for our home games from Dennis Brækhus. The “Opplæringskveld” that we organised was so popular we had to organise another in December. Almost 30 new members were trained to perform sekretariat duties.
- In December a Kampleder kurs was organised at Nesodden by our request, in total 15 starting referees were trained, of which 7 from our club.
- In December just before Christmas we organised an Easy Basket Tournament at Bjørnemyr.

The summary supports the belief within the board that we achieved to a large extent what we set out to do for 2022; the restart of our activities after a long and difficult period due to the pandemic.

We are extremely pleased that our Lead4Peace programme was started up again; special thanks to everybody that has made this possible.

Caroline Åkesson, Eivind Klubbenes, Bjørn Hammerstad, Severin Zinöcker, Wibecke Holm Jøsang, Viktor Petrov, Hannah Reynolds, all invested lots of their free time into restarting the programme again, and to ensure that future trips will be easier to organise too.

The programme is incredibly important to our club, and to our members, and we will continue to invest in it going forward.

We will continue to utvikler både mennesker og basketspillere and will continue to instill our values of “ Fellesskap, Respekt, Engasjement og Målrettet” in the club where we can.

### The club's financial situation remains solid.

For 2022 the NIF Bobcats budgeted a loss of **315 422 NOK**, as part of our previously mentioned "Restart project".

The final result for 2022 was **181 146 NOK**, which means that we managed to perform better than budgeted by 134 276 NOK.

Due to this result, our egenkapital within NIF shrank to 677 465 NOK on 31 December 2022.

Going forward, though reduced our egenkapital leaves us in a position, that allows us to deal with unforeseen events without causing any direct issues to our daily operation.

### Final thought

As before, we will continue developing the technical capabilities within the club and it means that in the future we still need to generate more income to fund all the activities that we hope to employ.

We foresee a need to change our treningsavgift, however we will endeavour to keep basketball affordable to most people and will need to find new and additional revenue streams to fund our ambitions, or find more support money.

Thank you to all the players, trainers, team leaders, parents and guardians, for your continued contribution to our club. You all make our club, and it is for you that we do what we do.

We will continue to invest into our capacities to organise activities and get more children playing basketball at Nesodden.

## 2) Styrets sammensetning

Zoran Milivojevic – Leder, Sponsoransvarlig, hovedkontakt mot NIF og kommunen, arrangementsansvarlig

Karianne Hjallen – nestleder, sportslig gruppe, søknader og øverige aktiviteter

Tor-Arne Ellingstad – Økonomiansvarlig, kontaktes ved refusjon av utlegg, påmeldinger til cuper etc.

Eivor Eriksen – Kommunikasjon og grafisk design

Marit Jensen -> Severin Zinöcker - Driftsansvarlig

Eivind Klubbenes – Lead 4 Peace, bidrar I arrangementsgruppe

Henrik Hays – Bidrar I sportslig grupp, arrangementsgruppe, drift.

In 2022 the club's board met 6 times.

To start the club will go forward with 6 board members, one fewer than before. But we are looking to add 2 formal youth representants to our board, before the summer of 2022. These representants will have specific tasks.

### 3) Antall Utøvere og Lag

At the end of calendar year 2022 Nesodden IF Bobcats had 418 members, which made us the 4<sup>th</sup> largest basketball club in Norway.

13 Serie lag (6 Boys/3 girls)	5 Easy Basket Teams
3M G19 G16 G15 (2 competitions) J15/16 (2 competitions) G14 (2 competitions) J13/14 G13 G12 J12	J12 (also serie) G12 (also serie) J11 G11 Mix10/09

Many SFO! (approx 70 members)

The growing number of members that we saw in previous years, now resulted in us starting with a record number of 13 teams in competition!

Our teams in the age categories 13 and younger are all looking very healthy in terms of number of members.

- Our J12 and G12 teams are already playing in an U13 league, though they face tough competition in playing children that are 1 year older, their spirits remain high! With the number of children in these age groups it was felt a good solution to allow the most competitive to participate in "series", while still having the option to sign up to Easy Basket Tournaments to those that wished to play against others in their own age category.

4 out of 13 teams in competition were girls/female teams, NIF Bobcats will continue to endeavour to bring this closer to 50/50 in the future

We will continue to develop our 3-on-3 offering, all members 15 and older are also enrolled in the 3X3 basketball. We have a regular offering on Friday's and some of our members have first participated at a formal 3X3 event during the Pirates Cup in Kristiansand.

## 4) Rekruttering

SFO-basket for 2. and 3. «trinn» at Nesoddtangen, Jaer, Berger, Myklerud/Steiner/Fjellstrand and Bjørnemyr schools remains our most important method of recruitment.

About 100 children joined our activities in September, after which about 70 children decided to continue with Basketball and became member of Nesodden IF before the new year.

Coaches Viktor Petrov and Hannah Reynolds are responsible have been responsible for the trainings, since September.

For the oldest group born in 2014 the club also offers training within our regular training hours.

In 2022 other recruitment mostly happened through word-of-mouth, where existing members bring in new members, and parents contacting the club via the website when their children show an interest in trying out basketball.

## 5) Sportlig

2022 was a year of returning to a normal training schedule, without constant uncertainty of whether potential COVID related issues would mess up trainings or matches.

During the pandemic we lost some valuable trainer resources, due to the strict requirements that were put upon us both from national and local governments, which discouraged some of our coaches from continuing on.

It was for this reason that a second headcoach was seen as needed, and as our goal also was to encourage more girls to play basketball, we aimed to hire a female coach that would be a good role model.

Hannah Reynolds joined NIF Bobcats in September after a certain looking deal with another lady named Trudy Walker fell through. (due to a circumstance neither party was to blame for)



Hannah has done an excellent job and really lifted the spirits of the teams she has responsibility for, and there is a clear wish from our members to continue having high quality coaching staff, which is in line with the wishes of the technical committee.

Having enough court space and training time continues to be a challenge. Nesodden still has limited good full court training facilities, and none of our teams are able to enjoy more than 1 entire full training on a full court. At best they have to share part of a second/third training.

We hope to both more and better facilities in the future, to help us offer good quality training to our members.

## 6) Arrangementer og Samarbeidprosjekter

### **10-årsjubileum for Nesodden Idrettsforening – Basketballs Ungdomsutvekslingsprogram «LEAD4PEACE»**

«Lead 4 Peace» er Nesodden Basketball sitt eget Ungdomsutviklingsprogram for ungdom mellom 13-19 år.

Hensikten er å utvikle både ledere, basketspillere og ikke minst mennesket. Kulturell forståelse, respekt, inkludering, toleranse og menneskesyn er viktig fokus i Lead 4 Peace.

Den 2. februar landet 34 kypriotiske ungdommer i alderen 14-16 år på Gardermoen klare for fem dagers program bestående av basketballtreninger, seminarer i fredsarbeid, samt kulturutveksling.

I år er det 10 år siden NIF-Basketball mottok gjester fra Kypros for første gang. April 2013 tok Nesodden IF-Basketballklubb imot et Basketballag satt sammen av ungdommer fra Nord- og Sør-Kypros. Vi hadde dem på besøk i en uke, og besøket ble avsluttet med at de vant sølvmedalje i Norges største Basketball cup i Bergen (Hansa cup). Dette var første gang et lag satt sammen av spillere fra både sør og nord deltok i en offisiell konkurranse utenfor Kypros siden splittelsen mellom Nord og sør siden 1974 (30 år), og det var et svært rørt lag som mottok medaljene.

Dette første besøket var initiert av vår norske ambassadør i Hellas den gangen Sjur Larsen, og ledet til et langt samarbeid med organisasjonen Peace Players International, med ungdomsutveksling mellom Nesodden IF-Basket ungdommer og basketspillende ungdommer som lever i delte samfunn som på Kypros, Israel, Nord-Irland og Sør-Afrika. Vi har brakt ungdom sammen med ideen om at "kan vi lære å spille sammen, kan vi lære å leve sammen". Når barn og ungdommer bringes sammen for å spille basketball og lære om konflikthåndtering bygger dette positive relasjoner og bidrar til å motvirke mistillit. Ved å legge til rette for regelmessig, hyppig og strukturell interaksjon motvirkes fordommer, samtidig som det fremmer langsiktig tillit og legger grunnlag for varig og ekte vennskap. «Barna er nøkkelen til fred».

Dette arbeidet er ikke blitt mindre viktig med årene.

Dette første besøket i 2013 initierte vårt langvarige samarbeidet med basketklubber og deres spillere rundt om i Europa. Utvekslingene har vært mulig å få i stand pga støtten vi har mottatt fra Erasmus+ Ungdom (Erasmus+ ungdom (erasmusplussungdom.no)<<https://erasmusplussungdom.no/> tidligere kalt Aktiv Ungdom). I 2019 ble Nesodden IF-Basketball, som første, og enn så lenge eneste klubb i Norge, akkreditert av Erasmus+. Dette innebærer garantert støtte til vårt ungdomsutvekslingsprogram «Lead4Peace» seks år frem i tid, som også innebærer en forenklet søknadsprosess og rapportering for hver av turene som vi arrangerer. (kontakt gjerne Erasmus+ og be dem om en kommentar til dette). Erasmus+ ungdom (erasmusplussungdom.no)<<https://erasmusplussungdom.no/?s=akkreditering>> Et arbeid de mener vi gjør så bra at de i 2019 valgte å akkreditere klubben vår, som den eneste i Norge, til å motta støtte til dette arbeidet i seks år frem i tid. Alt arbeidet er basert på frivillighet.

EU's formål med Ungdomsutvekslingsprogrammene er at de anser denne formen for uformelle læringsprosesser (utenfor det formelle skolesystemet) gir unge mennesker økt selvinnsikt og økt selvsikkerhet i evnen til å reflektere over hva de har lært og hva de ønsker å lære. EU har demokrati og menneskerettigheter som fundamentale verdier, og anser Europeisk ungdomsarbeid som en nødvendighet for brobygging på tvers av landegrenser, kultur, religion, kjønn osv. og for å effektivt

kunne adressere bekymringene vedrørende sosial inkludering, samhold og like muligheter. Prosjektet gir våre unge basketballspillere en fantastisk mulighet til å erfare og lære fordelene ved samarbeid, respekt, lederskap, dialog, teamwork/lagarbeid i en multikulturell kontekst. Deltakerne lærer om menneskerettigheter, anti-diskriminering, sosial rettferdighet og forsoning. Alt dette knyttes opp mot basketball og muligheten til å utvikle seg som basketballspiller. Gjennom deltakelse i Lead4Peace lærer ungdommene om betydningen av tillit, respekt, toleranse og kommunikasjon på tvers av landegrenser, kjønn, religion og politikk. Ungdommene blir bedre kjent med egen identitet, og de lærer å ta bevisste og selvstendige valg ut fra egne ønsker og egenskaper. Vi har sett at dette programmet har hatt stor betydning på mange plan for ungdommene som har deltatt. I tillegg til å bidra til det fredsskapende arbeidet, er programmet med på å gi ungdommene gode holdninger, økt forståelse for og kunnskap om konflikthåndtering og en grunnleggende respekt for andre mennesker i ulike situasjoner. De unge Lead4Peace-ambassadørene fungerer som positive forbilder og gode rollemodeller i samfunnet.

I år har vi samarbeidet med Fellesverket Nesodden (støttet av Røde Kors) som viser seg veldig glade for og interesserte i å samarbeide og bidra til dette fine ungdomsprogrammet. Dette bidro til en enda bredere utveksling mellom våre kypriotiske venner og Nesoddenungdommen. Vi håper at dette vil kunne bidra til økt synlighet og spredning av positivt ungdomsarbeid i samfunnet, og vise andre ungdomslag mulighetene som finnes der ute til å søke støtte til lignende utveksling.

Årets program på Nesodden inneholdt bla. Disco på Fellesverket, «Winter games» i Brattbakken med aking og langrennstur, baskettreninger i både Bjørnemyrhallen og Nesoddhallen, seminarer vedrørende kommunikasjon og kroppsspråk, Friendly games (country vs country), kulturutveksling med norsk mat, Oslo-besøk (bastubading, Vigelandsparken, Slottet, Stortinget, Paradox Museum og mye mer. Alle deltagere fra Kypros bodde hos vertsfamilier, såkalt «home-stays», som innebærer at gjestene våre bor sammen med familiene til Nesodden basket-ungdommene.

NIF-basket fikk innvilget den 22.feb 2023 nye midler (akkreditering) for gjennomføring av Lead 4 Peace i 2024 også!

## Lead4Peace – Cyprus August 2022

51 youths from Nesodden, North Cyprus and South Cyprus, met to learn about leadership, teamwork, communication, tolerance and respect.

Some impressions:



## NIF Bobcats basketskole 2022

In August we organised our yearly Basket sommerskole.

In total over 70 children participated.

Coaches; Adam Ryan, Didrik Kofoed, Trudy Walker, Camilla Wægger, Tiril Taugbøl-Hansen, Mattis Hagen, Elise Sandnæs.

Below an impression from the closing ceremony in Bjørnemyr.



## Lead4Peace – CDP - October 2022

The Erasmus+ accreditation allowed us to organise, for the first time ever, an exchange for our youth coaches. 7 Youth coaches travelled to Spain and visited C.B L’Horta Godella to gain experience from a professional club.

It included gaining experience of playing/coaching wheelchair basketball!



## **Sesong Tip-Off**

28 September, 100+ people

The Tip-Off is an important moment in the pre-season. It is where we communicate lots of important information to our members/parents regarding the upcoming season.



## **Easy Basket turneringer**

Konseptet EasyBasket er utviklet for å ivareta barnets helhetlige idrettsutvikling og idrettsopplevelse. Konseptet består av EasyBasket aktivitet i klubb og EasyBasket-arrangement i regi av NBBF og underliggende regioner.

The club organised fewer EBT's than it would have liked (only one, where we aim to have four). In the first half of 2022, the rescheduling of games due to COVID made it impossible to find free hall time. In the later half of 2022, we again struggled for hall time, but this time due to the increased number of home games that need organising for the "series".



## Schnekenburger Cup

The first Schnekenburger cup was organised in March. A great mix of members and parents participated at the newly named cup.



## Guest trainer evening

In May, national team player and NIF Bobcat member, Sjur Dyb Berg hosted a series of trainings for various age groups.

It was an exciting experience for many!



## Norway – Denmark Qualifier

3 July, Norway played Denmark in a Euro qualifier game. Though being in the summer holidays NIF Bobcats had arranged a group of 25 people to go and visit the game.



## **Kurs- og kompetanseheving**

Our October 2022 L4P-CDP trip to Spain with 7 youth coaches was the most notable event in our Coach Development Programme which continues to be managed by coach Viktor.

Through the CDP we hope to motivate and equip with the knowledge needed for our young coaches to take on a team on their own. Either now, next season or maybe in many years to come. The CDP is regarded as a long term investment where we hope that even if our young coaches move away from Nesodden for education, one day they will return to help the club.

## **Sekretariat**

In November and December two training courses were held due to popular demand (30 new). Currently 45 people have been trained to take on Sekretariat duties, which are vital to our club, to ensure games can take place.

## **Dommere**



In December we organised a formal Kampleder course through NBBF, in total 16 people signed up including 7 from NIF Bobcats to start their journey of becoming a referee for serie kamper.

Referee Nasser Dagnev held a two-evening course prior to our Easy Basket Tournament at which the newly trained kampledere immediately had the chance to put in practice what they learned before.

This is an important course, with which we helped NBBF as they continue to struggle to train enough new referees, to replace the older more experienced referees that drop out over time.

## Kioskdrift

The responsibility for the kiosk is part of an overall "Hall responsibility", and applies to all teams in series games. The board encourages each team with their respective lagledere to take full responsibility of the kiosk on their days of "hall responsibility". We recommend that you inform early on which days your team is responsible and make a full schedule with whom in your team has responsibility for what and when.

Many thanks to all team contacts and parents for well-run kiosk days with the aroma of waffles and home baked cakes in Bjørnemyrhallen. If you have any clever ideas for what might be popular to have in the kiosk, please share them with us.

In 2022 we had a total kiosk intake of 66 194 NOK and an expenditure of 24 453 NOK buying goods for the kiosk, which means the Kiosk contributed 41 741 NOK to the results of the club.

## Webshop

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FORSIDEN / BASKETBALLKLUBBER / NESODDEN IF BOBCATS

### Kolleksjon for Nesodden IF Bobcats

Generelle spørsmål vedr. nettbutikken rettes til klubbens kontaktperson: [Eigil Lorstad eigil\\_lorstad@hotmail.com](mailto:Eigil_Lorstad@hotmail.com)

De fleste varene er på lager og leveres normalt i løpet av 5-7 dager. Ved større bestillinger til lag, ta direkte kontakt med Klubben.

Item Name	Price
NESODDEN TEKNISK LONGSLEEVE - SORT	290,00
NESODDEN T-SKJORTE - SORT	150,00
NESODDEN T-SKJORTE - HVIT	150,00
NESODDEN T-SKJORTE - GRÅMELERT	150,00
NESODDEN HETTEGENSER - SORT	395,00
NESODDEN HETTEGENSER - HVIT	395,00
NESODDEN HETTEGENSER - ORANSJE	350,00
NESODDEN JOGGEBUKSE - SORT	330,00

In 2022 our webshop was expanded with more products. This merchandise does not directly contribute to the bottom line of our club, but instead we receive credit with which we can purchase other goods such as (in part) our jerseys.

## 7) PR og Kommunikasjon:

The club has a few channels for communication.

- By far the most important in 2022 was SPOND, where it allows the club and its coaches to quickly communicate with the players/members. It's a fantastic tool for managing training events and matches and we foresee to continue using this tool for a long time in the club.  
It helps the club to get important messages through quickly and to the right person.
- [www.bobcats.no](http://www.bobcats.no) also is always up to date with the latest and most important information.
- On Facebook we continue to have a closed group that can be joined by our members and fans, and a public page that can be followed by anyone, that we keep up to date.

Eivor Eriksen, on the board responsible for PR and communication, is stepping down, and we are still looking for a new person/people to help look after this important part of our club.

## 8) Økonomi



For 2022 NIF Bobcats budgeted a loss of **315 422 NOK**, as part of our previously mentioned “Restart project”.

The final result for 2022 was **181 146 NOK**, which means that we managed to perform better than budgeted by 134 276 NOK.

Due to this result, our egenkapital within NIF shrank to 677 465 NOK on 31 December 2022.

Going forward, though reduced, our egenkapital leaves us in a position, that allows us to deal with unforeseen events without causing any direct issues to our daily operation.

Having a second head coach means increased Payroll costs, which was deemed necessary in order to provide a good quality level of training for most of our teams.

The cost of coaches is by far the largest expenditure for our club, making up nearly 60% of our expenses in 2022.

NIF Bobcats foresee that in the longer term in order to facilitate two paid head coaches, the income of the club will need to grow, whether it be via increased treningsavgift, more (paid) events, or support money.

The need for good quality head coaches will remain high as we hope to grow our club even further in the future, and offer even more activities to our members!